Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 29 Sep 2023 until 23:59 on Saturday 30 Sep 2023

Forecast Issued on Friday 29 Sep 2023 at 03:56 by Met Office Aberdeen

Confidence: Generally high confidence, lower for exact shower detail.

Headline for Friday 29 Sep 2023: Frequent heavy showers and very strong winds.

Mountain weather hazards on Friday 29 Sep 2023

Blizzards
No Likelihood

Gales
High Likelihood

Thunderstorms
Low Likelihood

Heavy persistent snow
No Likelihood

Severe chill effect
Medium Likelihood

Heavy persistent rain
Low Likelihood

Storm force winds
Low Likelihood

Poor visibility
Medium Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Heavy Rain	Heavy rain showers	Light rain showers	Fog
Precipitation probability					
70%	60%	40%	40%	40%	30%

Forecast for Friday 29 Sep 2023

Weather: A very showery day, the showers heaviest during the morning and at first in the afternoon with the chance of lightning, easing into the and evening.

Chance of cloud-free hill tops above 800m: 40%

Low cloud and visibility: Broken occasionally overcast cloud base 700-900m. Visibility moderate to poor in heavier showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 29 Sep 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	54/62 SW	47/56 SW	45/56 W	42/53 W	38/48 W	35/45 W	24/31 W
900	51/59 SW	45/54 SW	43/54 W	40/51 W	36/46 W	34/43 W	23/30 W
600	36/44 SW	32/40 SW	31/42 W	29/40 W	25/35 W	23/33 W	16/23 W
300	8/43 SW	9/40 W	11/42 W	10/39 W	9/34 W	9/33 W	5/22 W
Glen	20/39 SW	18/35 W	19/38 W	17/34 W	15/28 W	12/25 W	7/17 W

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/-2	5/-2	5/-2	5/-2	4/-3	4/-3	4/-2
900	6/-1	6/-1	6/-1	6/-1	5/-2	5/-2	5/-1
600	8/3	8/3	8/3	8/3	7/2	7/2	7/3
300	10/9	10/9	11/8	11/9	10/8	9/7	9/8
Glen	13/9	13/10	13/10	14/10	12/10	12/9	11/10
Freezing Level*	1800m	1700m	1800m	1700m	1700m	1600m	1600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling unpleasant in strong winds and heavy showers, improving through the day.

Forecast for Saturday 30 Sep 2023
Weather: A mainly dry start to the day, aside from the odd light shower, and much lighter winds. High cloud turning sunshine hazy during the morning, with rain arriving from the south later in the afternoon, continuing through the rest of the day. Winds increasing into the evening.

Maximum wind: Mostly light winds, increasing later in the evening to southeasterly 25-30mph gusting 40-50mph.

Chance of cloud-free hill tops above 800m: 90% reducing to 40% by the end of the day.

Low cloud and visibility: Few or scattered cloud base 700-800m at first. Scattered or broken cloud base 600-800m by the end of the day in association with rain. Visibility generally good but moderate in rain.

Temperature: **Glens:** Plus 10 rising to plus 15 Celsius
At 800m: Plus 3 to 5 Celsius
Freezing level: Above summits

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